

# Services in Bridgend

	Organisation	Contact details	Description
Bereavement	Bridgend Community Bereavement Support	073791 69836 <a href="mailto:hello@bridgendbereavement.co.uk">hello@bridgendbereavement.co.uk</a>	This service provides bereavement support to children aged 5-15 who are faced with one of the most traumatic events in their lives.
	Cruse Bereavement Care	0808 808 1677 (National Helpline) <a href="mailto:info@cruse.org.uk">info@cruse.org.uk</a> Cardiff and the Vale 029 2022 6166 <a href="mailto:cardiff@cruse.org.uk">cardiff@cruse.org.uk</a> Morgannwg 01792 462 845 <a href="mailto:morgannwg@cruse.org.uk">morgannwg@cruse.org.uk</a>	Cruse is the leading national charity for bereaved people in England, Wales and Northern Ireland. Cruse offers telephone, email, and website support. They have a Freephone national helpline and local services. Cruse also provides training and consultancy for external organisations and for those who may encounter bereaved people in the course of their work.
Carers	Bridgend Carers Wellbeing Service	01656 336969 <a href="mailto:bridgendwellbeing@ctsew.org.uk">bridgendwellbeing@ctsew.org.uk</a>	This service provides information, advice, and practical assistance to unpaid carers in Bridgend.
	Young Carers	01656 642413 <a href="mailto:Lisa.Pritchard@bridgend.gov.uk">Lisa.Pritchard@bridgend.gov.uk</a>	This service provides information, advice and practical assistance to

			unpaid carers in Bridgend.
Child Sexual Exploitation / Sexualised Behaviour	Health and Wellbeing	01656 815949 <a href="mailto:Angela.Cronin@bridgend.gov.uk">Angela.Cronin@bridgend.gov.uk</a>	A specialist service for young people to provide 1:1/group support on a range of topics including sexual health, risk taking behaviour, CSE, grooming and healthy relationships.
Children, Young People and Families	Action for Children	01656 766067	This service takes a 'whole family approach', developing a relationship that works for the individual needs of each family member and child, taking care to listen and value everyone's needs.
	Barnardo's Practical Home Management	01656 817570 <a href="mailto:Cheryl.Crowell@barnardos.org.uk">Cheryl.Crowell@barnardos.org.uk</a>	This service offers support from volunteers to families with issues around home management and routines.
	Early Help	Central (Screening) 01656 642740 <a href="mailto:Kelly.Dyer@bridgend.gov.uk">Kelly.Dyer@bridgend.gov.uk</a> East Hub	This service provides support with... <ul style="list-style-type: none"> <li>● Parenting</li> <li>● Young Carers</li> </ul>

		<p>01656 754944  <a href="mailto:Rhian.Bowen@bridgend.gov.uk">Rhian.Bowen@bridgend.gov.uk</a></p> <p>North Hub          01656 642407  <a href="mailto:Megan.Apsee@bridgend.gov.uk">Megan.Apsee@bridgend.gov.uk</a></p> <p>West Hub          01656 643344  <a href="mailto:Emma.Davies@bridgend.gov.uk">Emma.Davies@bridgend.gov.uk</a></p> <p>General enquiries          01656 815420  <a href="mailto:EarlyHelp@bridgend.gov.uk">EarlyHelp@bridgend.gov.uk</a></p>	<ul style="list-style-type: none"> <li>● Managing challenging behaviour (0-25yrs)</li> <li>● Education</li> <li>● Issues around school attendance</li> <li>● Domestic violence</li> <li>● Benefits / debt management</li> <li>● Mental health</li> <li>● Disabilities</li> <li>● Employment</li> <li>● Housing</li> <li>● Counselling</li> </ul>
	<p>Education Engagement</p>	<p>01656815129  <a href="mailto:Gail.Biggs@bridgend.gov.uk">Gail.Biggs@bridgend.gov.uk</a></p>	<p>This service co-ordinates support for vulnerable learners (including but not exclusive to LAC, EHE, Children in Need of Protection) and ensures that children's needs are met in respect of education. This service also provides advice</p>

			and support to schools in respect of good practice regarding vulnerable learners and assisting in developing practice within schools in these areas.
	Home-Start Cymru Rainbow Project	<a href="mailto:info@homestartcymru.org.uk">info@homestartcymru.org.uk</a> Donna Coultis 07595 371675 <a href="mailto:dcoultis@homestartcymru.org.uk">dcoultis@homestartcymru.org.uk</a>	The project via Home-Start Cymru, offers free confidential support and practical help to parents of young children living across Wales who are going through a difficult time. Home-Start Cymru's trained Volunteers work alongside families who may feel exhausted and overwhelmed by the stresses of family life, particularly if they have little support from family/friends when they need it most.
	Multi-Agency Safeguarding Hub (MASH)	Children Services 01656 642320 <a href="mailto:mashcentra@bridgend.gov.uk">mashcentra@bridgend.gov.uk</a> Adult Services	This service is continuing to provide safeguarding services for vulnerable children and adults.

		01656 642477 <a href="mailto:adultsafeguardingMASH@bridgend.gov.uk">adultsafeguardingMASH@bridgend.gov.uk</a>	
	Siarad Da	07814 524553 <a href="mailto:admin@siaradda.org.uk">admin@siaradda.org.uk</a>	<p>Siarad Da is a non-profit organisation, founded by Dr April May Kitchener. Siarad Da provides support to the most vulnerable in our society to overcome persistent barriers to social inclusion. Siarad Da supports those with communication and learning disabilities who have experiences of the Criminal Justice System (CJS) and social exclusion whose behaviour often presents as challenging. This behaviour can lead society to judging a person and not looking behind the behaviour. Not looking behind the behaviour results, for many, being mis-diagnosed or receiving no diagnoses of disabilities including, Autistic Spectrum Disorders (ASD) leaving</p>

			individuals and families immediately disadvantaged.
	SPLICE Child and Family Project Ltd	01656 503141 / 07976 378719 <a href="mailto:splice_childandfamily@yahoo.co.uk">splice_childandfamily@yahoo.co.uk</a>	Family-centred service which aims to support parents/carers to play and learn along with their children.
Community	Bridgend Association of Voluntary Organisations (BAVO)	01656 810400 <a href="mailto:bavo@bavo.org.uk">bavo@bavo.org.uk</a>	This service provides advice about the extensive range of support available.
	Bridgend Area Community Pantries	Community Church, Aberkenfig Friday - 10-12pm 07985 153777 Bryncethin Community Church Thursday – 2-4pm 07473 888876 Lewistown Tra House, Pentre Beili Terrace Wednesday 3-5pm 07970 862840 Nantymoel Community Hub (The Mem) Thursday 11-1pm 07703 888004	This service offers support to those struggling to afford a weekly food shop. Food parcels are £5 a bag and include cupboard staples and fresh fruit and vegetables.  (Delivery can be arranged if needed)

		<p>Special Families, Fairfield Centre, Maesteg          Monday &amp; Wednesday          01656 856950          William Trigg Centre, Blaengarw          Thursday 10-12          07544 254270</p>	
	<p>Foodbank Centre</p>	<p>Aberkenfig          Bunny Sheppard          01656 721211          Bettws          Ruth Jones          07547 681340          Bridgend          Angela Rackham          01656 750016          Caerau          Lynne Evans          01656 858713          Cornelly          Anne Dowling          07535 780213          Maesteg          Claire Young</p>	<p>This service provides emergency food to people in crisis.</p>

		<p>01656 858713          Cymmer          Gerald Thomas          07450 613356          Ogmere Valley          Pat Blackwell          07955 619606          Pencoed          Kevin Taylor          07704 763509          Pontycymmer          A &amp; D Rhodes          07742 876814          Porthcawl          Margaret Hornsby          07790 404954  <a href="mailto:info@bridgend.foodbank.org.uk">info@bridgend.foodbank.org.uk</a></p>	
	<p>Police Community          Support Officers          (PCSOs)</p>	<p>Aberkenfig          Laura Green          07584883649  <a href="mailto:Laura.Green@south-wales.pnn.police.uk">Laura.Green@south-wales.pnn.police.uk</a>          Mark Emery          07586551182  <a href="mailto:Mark.Emery2@south-wales.pnn.police.uk">Mark.Emery2@south-wales.pnn.police.uk</a></p>	

		<p>Lesley Kerrigan 07584004340 <a href="mailto:Lesley.Kerrigan@south-wales.pnn.police.uk">Lesley.Kerrigan@south-wales.pnn.police.uk</a></p> <p>Christopher Morgan 07825378286 <a href="mailto:Christopher.Morgan2@south-wales.pnn.police.uk">Christopher.Morgan2@south-wales.pnn.police.uk</a></p> <p>Bettws</p> <p>Andrew Jenkins 07946607182 <a href="mailto:Andrew.Jenkins4@south-wales.pnn.police.uk">Andrew.Jenkins4@south-wales.pnn.police.uk</a></p> <p>Michael Rees 07825523310 <a href="mailto:Michael.Rees3@south-wales.pnn.police.uk">Michael.Rees3@south-wales.pnn.police.uk</a></p> <p>Shannon Bargery 07870915059 <a href="mailto:Shannon.Bargery@south-wales.pnn.police.uk">Shannon.Bargery@south-wales.pnn.police.uk</a></p> <p>Brackla</p> <p>Rhys Jones 07825388480 <a href="mailto:Rhys.Jones2@south-wales.pnn.police.uk">Rhys.Jones2@south-wales.pnn.police.uk</a></p> <p>Steve Bowen 07870912250 <a href="mailto:Steven.Bowen@south-wales.pnn.police.uk">Steven.Bowen@south-wales.pnn.police.uk</a></p> <p>Blackmill / Nantymoel / Ogmores Vale</p>	
--	--	--	--

		<p>Aled Jones 07469907629 <a href="mailto:Aled.Jones2@south-wales.pnn.police.uk">Aled.Jones2@south-wales.pnn.police.uk</a></p> <p>Callum Wadham 07469907538 <a href="mailto:Callum.Wadham@south-wales.pnn.police.uk">Callum.Wadham@south-wales.pnn.police.uk</a></p> <p>Bryntirion, Laleston and Merthyr Mawr</p> <p>Jack Harris 07469907783 <a href="mailto:Jack.Harris@south-wales.pnn.police.uk">Jack.Harris@south-wales.pnn.police.uk</a></p> <p>Liz Tancock 07870911959 <a href="mailto:Elizabeth.Tancock@south-wales.pnn.police.uk">Elizabeth.Tancock@south-wales.pnn.police.uk</a></p> <p>Cefn Glas</p> <p>Meurig Coleman 07584883382 <a href="mailto:Meurig.Coleman@south-wales.pnn.police.uk">Meurig.Coleman@south-wales.pnn.police.uk</a></p> <p>Coity</p> <p>Donovan Smith 07805301478 <a href="mailto:Donovan.Smith@south-wales.pnn.police.uk">Donovan.Smith@south-wales.pnn.police.uk</a></p> <p>Richard Thomas 07584004070 <a href="mailto:Richard.thomas2@south-wales.pnn.police.uk">Richard.thomas2@south-wales.pnn.police.uk</a></p>	
--	--	---	--

		<p>Coychurch Lower Joel Hopkins 07469907948 <a href="mailto:Joel.Hopkins@south-wales.pnn.police.uk">Joel.Hopkins@south-wales.pnn.police.uk</a></p> <p>Oldcastle Heather Dobbs 07805301432 <a href="mailto:heather.dobbs@south-wales.pnn.police.uk">heather.dobbs@south-wales.pnn.police.uk</a></p> <p>Scott Thomas 07870911962 <a href="mailto:Scott.Thomas2@south-wales.pnn.police.uk">Scott.Thomas2@south-wales.pnn.police.uk</a></p> <p>Penyfai Mark Emery 07586551182 <a href="mailto:Mark.Emery2@south-wales.pnn.police.uk">Mark.Emery2@south-wales.pnn.police.uk</a></p> <p>Shannon Bargery 07870915059 <a href="mailto:Shannon.Bargery@south-wales.pnn.police.uk">Shannon.Bargery@south-wales.pnn.police.uk</a></p> <p>Caerau Katie Bargery-Edwards 07794619620 <a href="mailto:Katie.Bargery-Edwards@south-wales.pnn.police.uk">Katie.Bargery-Edwards@south-wales.pnn.police.uk</a></p> <p>Mark Harris 07825342435</p>	
--	--	--	--

		<p><a href="mailto:Mark.Harris2@south-wales.pnn.police.uk">Mark.Harris2@south-wales.pnn.police.uk</a> Cornelly Richard Couch 07805301506 <a href="mailto:Richard.Couch@south-wales.pnn.police.uk">Richard.Couch@south-wales.pnn.police.uk</a> Richard Matthews 07805301507 <a href="mailto:Richard.Matthews3@south-wales.pnn.police.uk">Richard.Matthews3@south-wales.pnn.police.uk</a> Cornelly - Pyle Gareth Evans 07805301473 <a href="mailto:Gareth.Evans4@south-wales.pnn.police.uk">Gareth.Evans4@south-wales.pnn.police.uk</a> Joanne Robby 07469907921 <a href="mailto:Joanne.Robey@south-wales.pnn.police.uk">Joanne.Robey@south-wales.pnn.police.uk</a> Kirsty Curtis 07825503914 <a href="mailto:Kirsty.Curtis@south-wales.pnn.police.uk">Kirsty.Curtis@south-wales.pnn.police.uk</a> Lucy Adams 07584770546 <a href="mailto:Lucy.Adams@south-wales.pnn.police.uk">Lucy.Adams@south-wales.pnn.police.uk</a> Maesteg Gareth Stoneham 07825387878</p>	
--	--	--	--

		<p><a href="mailto:Gareth.Stoneham2@south-wales.pnn.police.uk">Gareth.Stoneham2@south-wales.pnn.police.uk</a></p> <p>Julie Banks 07825351752 <a href="mailto:Julie.Banks@south-wales.pnn.police.uk">Julie.Banks@south-wales.pnn.police.uk</a></p> <p>Kelly Matthews 07825356570 <a href="mailto:Kelly.Matthews@south-wales.pnn.police.uk">Kelly.Matthews@south-wales.pnn.police.uk</a></p> <p>Matthew Benson-Davison 07870915131 <a href="mailto:Matthew.Benson-Davison@south-wales.pnn.police.uk">Matthew.Benson-Davison@south-wales.pnn.police.uk</a></p> <p>Natasha Williams 07825403413 <a href="mailto:Natasha.Williams@south-wales.pnn.police.uk">Natasha.Williams@south-wales.pnn.police.uk</a></p> <p>Cymmer Chris Davies 07818521951 <a href="mailto:Christopher.Davies7@south-wales.pnn.police.uk">Christopher.Davies7@south-wales.pnn.police.uk</a></p> <p>Pontycymmer Andrew Jenkins 07946607182 <a href="mailto:Andrew.Jenkins4@south-wales.pnn.police.uk">Andrew.Jenkins4@south-wales.pnn.police.uk</a></p> <p>Janine Dulson 07805301470 <a href="mailto:janine.dulson@south-wales.pnn.police.uk">janine.dulson@south-wales.pnn.police.uk</a></p>	
--	--	---	--

		<p>Porthcawl</p> <p>Jessica Haskins 07880057670 <a href="mailto:Jessica.haskins@south-wales.pnn.police.uk">Jessica.haskins@south-wales.pnn.police.uk</a></p> <p>Richard Hopkins 07584004664 <a href="mailto:Richard.Hopkins2@south-wales.pnn.police.uk">Richard.Hopkins2@south-wales.pnn.police.uk</a></p> <p>Rachel Badham 07469907704 <a href="mailto:Rachel.Badham@south-wales.pnn.police.uk">Rachel.Badham@south-wales.pnn.police.uk</a></p> <p>Rebecca Cools 07814861903 <a href="mailto:Rebecca.Cools@south-wales.pnn.police.uk">Rebecca.Cools@south-wales.pnn.police.uk</a></p>	
Counselling	School Based & Community Counselling	<p>01656 815420 <a href="mailto:EarlyHelp@bridgend.gov.uk">EarlyHelp@bridgend.gov.uk</a></p>	<p>Children and young people between 10 and 25 can access a counselling service in Bridgend County Borough. The main goal of counselling is to develop emotional resilience.</p>
Disabilities	Outside	<p>Donna Sharland 01656 786497 / 07486310081</p>	<p>This service provides support with...</p>

		<p><a href="mailto:dons20001@hotmail.com">dons20001@hotmail.com</a></p> <p>Danielle Wagstaff</p> <p>07929302544</p> <p><a href="mailto:dwagstafftraining@gmail.com">dwagstafftraining@gmail.com</a></p>	<ul style="list-style-type: none"> <li>● Understanding autism and how it may relate to their child</li> <li>● Explaining the diagnosis to the child</li> <li>● Sensory processing</li> <li>● Communication</li> <li>● Understanding Executive functioning and developing resources</li> <li>● Behaviour that challenges</li> <li>● Managing anger and anxiety</li> <li>● Supporting siblings</li> <li>● Accessing the community</li> <li>● Information, advice and guidance including signposting to other groups and services.</li> </ul>
--	--	---	--

	Barnardo's Disability Support Service	01656 817570 <a href="mailto:atebion@barnardos.org.uk">atebion@barnardos.org.uk</a>	The service offers support to children with a disability and their families, whether they are diagnosed or going through the process of diagnosis. The support provided will be tailored to each family by a support plan developed in partnership with the family. The service provides short term support to build families resilience and coping strategies. We work with families and their children aged 0-25.
	Child Disability & Transition (CDT)	Beverley Whitley 01656 815441 <a href="mailto:Childdisabilityandtransitionteamduty@bridgend.gov.uk">Childdisabilityandtransitionteamduty@bridgend.gov.uk</a>	This service provides a range of child protection and family support services to disabled children/young people and their families including those children who are looked after by the Local Authority.
Domestic Abuse	Assia Suite – Partnership & CSP Services	01656 815919 <a href="mailto:Assia@bridgend.gov.uk">Assia@bridgend.gov.uk</a>	Domestic abuse provision based within Civic Offices in Bridgend. The

			<p>Bridgend commissioned domestic abuse service and the IDVA (Independent Domestic Violence Advocate) and the IDSVA (Independent Domestic and Sexual Violence Advocate) are also co-located at the Assia Suite. The IDVAs and IDSVA supports high victims of domestic abuse through the MARAC process. The Assia Suite provides support to victims that drop-in to the service via civic reception, arrange monthly solicitor (pro-bono) advice sessions for victims, joint assessments with Housing Solutions team, etc. The Assia Suite also receives all standard and medium PPNs (Public Protection Notifications) from South Wales Police Public Protection Unit.</p>
	<p>For Baby's Sake</p>	<p>01438 587023  <a href="mailto:welcome@forbabysake.org.uk">welcome@forbabysake.org.uk</a></p>	<p>For Baby's Sake CONNECT is a programme for expectant parents that takes a whole-family approach, starting in pregnancy and</p>

			dealing with the entire cycle and history of domestic abuse, identifying, and directly addressing any past trauma that lies at the heart of the issue. It usually continues until the baby is two, covering the important time when a child's brain is developing, and bonds are forming.
	Safer Merthyr – Supporting Safe and Confident Communities	Jodie Saunders Team Manager 07532 490582 <a href="mailto:js@smt.org.uk">js@smt.org.uk</a> Sarah Wilson Children and Young People Manager 07964235362 <a href="mailto:sw@smt.org.uk">sw@smt.org.uk</a>	Comets & Rockets Programme This service offers support for children and young people aged 3-16 years old who have been affected by domestic abuse together with their parent/carers who live in Bridgend. The children must not be living with the perpetrator to access support.
Finances	Christians Against Poverty	01656 645022	The Affinity Group of churches in Bridgend have teamed up with Christians Against Poverty to provide a FREE debt counselling service in the Bridgend area. CAP's service is one of the most in-depth

			and holistic FREE debt help services available in the UK. They will help anyone regardless of their religious beliefs and provides a caring service to all.
	Citizens Advice Bridgend County Borough	01656 762800	CAB provide free, confidential and impartial advice and campaign on big issues affecting people's lives.
	Financial Advice and Support Services (FASS)	01656 762803	The FASS project provides targeted and personalised advice. The project aims to assist people from the former Communities First delivery areas who may need support or advice on Unemployment, Universal Credit, Benefits health check, Budgeting, Making the most of your money, Financial difficulty & debt.
Housing	The Wallich	01656 674184 <a href="mailto:bridgend@thewallich.net">bridgend@thewallich.net</a>	This service operates under three core objectives: getting people off the streets; keeping people off the streets; and creating opportunities for people.
	Youth Homelessness	Gemma Paskins Youth Homelessness Development Officer	This service works alongside school-based lead workers, Careers

		01656 665431 <a href="mailto:Gemma.Paskins@bridgend.gov.uk">Gemma.Paskins@bridgend.gov.uk</a>	Wales, schools and colleges to identify early, and work with, young people most at risk of becoming homeless.
Mental Health	Assisting Recovery in the Community (ARC)	01656 763176 <a href="mailto:ARCInformationandAdvice@bridgend.gov.uk">ARCInformationandAdvice@bridgend.gov.uk</a>	This service offers advice and information sessions for people struggling with their emotional wellbeing.
	Dad Matters	Meirwen Jones <a href="mailto:mjones@homestartcymru.org.uk">mjones@homestartcymru.org.uk</a>	Support for Dads, from antenatal period onwards, via: informal contact at booking-in clinics, groups and developing peer support.
	Hafal	01656 668021 Theresa Griffiths 01656 732085 / 07970 436385 <a href="mailto:theresa.griffiths@adferiad.org">theresa.griffiths@adferiad.org</a>	This service offers support to people with serious mental illness and their families to work towards recovery.
	Mental Health Matters	01656 767045 / 01656 651450 <a href="https://www.mhmwales.org.uk/index.html">https://www.mhmwales.org.uk/index.html</a>	Mental Health Matters Wales Mission Statement: "To promote the mental and emotional health and wellbeing of the public through the provision of Information, Advocacy, Training and Support"
	Mums Matter	07399 211895 <a href="mailto:Lyndsey.Gray@ctmmind.org.uk">Lyndsey.Gray@ctmmind.org.uk</a>	This is a programme for 6-8 weeks for Mums with mild to moderate anxiety difficulties who have

			children under 3 years old. Creche included.
	Social Care & Recovery Team (SCART)	<a href="mailto:SCART@bridgend.gov.uk">SCART@bridgend.gov.uk</a>	<p>This service offers prevention and early intervention, working with individuals aged 18 and over, families and carers in the Bridgend area whose social circumstances have impacted on their mental health and wellbeing. SCART work with people who have become stuck in their own situation and are finding themselves unable to function on a day to day basis and struggle to reach their optimum level of wellbeing. Our goal is to prevent further decline of mental stability and to develop a more robust coping strategy. SCART provide short term support, targeted support around what matters to the person (maximum of 12 sessions). The aim to promote wellbeing and independence and support individuals to feel</p>

			more able to cope with daily life.
	The Exchange	03302 020 283 <a href="mailto:danni1@exchange-counselling.wales">danni1@exchange-counselling.wales</a>	The Exchange specialises in providing psychological support to children and their families. Our therapeutic interventions focus on helping children and parents develop the psychological resources that they need to strengthen their resilience.
	Youth Emotional Health	Gemma Paskins Youth Homelessness Development Officer 01656 665431 <a href="mailto:Gemma.Paskins@bridgend.gov.uk">Gemma.Paskins@bridgend.gov.uk</a>	This service primarily works with young people aged 14 – 19 (however, if necessary this may include some input up until 25 years of age), who have severe and complex needs, a learning disability or ASD to become as independent as possible.
Substance Misuse	BAROD	0300 333 0000 Natasha Biella 01656 667717 / 07776 657872 <a href="mailto:natasha.biella@barod.cymru">natasha.biella@barod.cymru</a>	Barod's substance use service in Bridgend provides support to adults and young people. The service also offers support to concerned others – friends and family of substance users, whether the individual is

			<p>accessing treatment themselves or not. The service works closely with the Community Drug and Alcohol Team (CDAT) and other services in the area, to ensure that the individual can easily access support services that meet their needs.</p>
	<p>Platform – The YES (Youth Empowerment Service) Project</p>	<p><a href="mailto:youngpeople@platform.org">youngpeople@platform.org</a>          Sarah Hamilton          Project Manager          01656 647722 / 07972 631978  <a href="mailto:sarahhamilton@platform.org">sarahhamilton@platform.org</a></p>	<p>The YES (Youth Empowerment Service) Project aims to raise awareness, provide information, and give support to people aged 6-16 living in the Bridgend area who are affected by someone else's use of drugs or alcohol. YES aims to reduce second-generation substance use, engage young people in activities within their communities and schools, and to help them improve their ability to deal with their emotions.</p>